

# FALL 2020 PGS ONLINE LEARNING SERIES

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**Session 10 with Oregon PGS Team  
Series Wrap & Next Steps**

# Welcome!

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# Follow along and share:



@oregoncouncil






Oregon Council on  
Problem Gambling


## #PGSseries



# NEW! Training Hub

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## TRAININGS & PROFESSIONAL DEVELOPMENT


Welcome to our NEW training hub.

### Welcome to Our *NEW* Training Hub!

This is a brand-new space where we will be hosting Oregon training and professional development content. We will also be keeping you informed on regional and national training opportunities. Have an upcoming training to share? [Let us know!](#)

### Oregon PGS Fall Session Resources Now Online:

All session content (including recordings, slide decks, other resources and evaluations) is now online! Access the material with each session passcode (if you registered for the full series, use the master passcode to unlock all sessions). Questions? Contact Julie Hynes (julie at oregoncpg dot org).



- [ Series Hub ]
- Session 1: Marijuana & Problem Gambling
- Session 2: Problem Gambling & Corrections
- Session 3: Preventing Internet & Video Game Addictions
- Session 4: Problem Gambling & Criminal Justice in OR
- Session 5: Opioids & Problem Gambling
- Session 6: Problem Gambling & Public Health
- Session 7: Problem Gambling & Public Health II
- Session 8: Successful Marketing
- Session 9: Language, Shame & Stigma
- Session 10: Series Recap & Next Steps



# Housekeeping: Resources



All sessions are recorded. You will be able to access your registered sessions and evaluations at the series hub

[www.oregoncpg.org/learn](http://www.oregoncpg.org/learn)

Use passcode(s) provided to you.



# Housekeeping: Resources



Resources are available online through  
December 31.

[www.oregoncpg.org/learn](http://www.oregoncpg.org/learn)

Use passcode(s) provided to you.

# Oregon Online Learning Series- Wrap Up and Next Steps

## What do we do with all this great information?

Presented by:

Greta Coe, PG Services Manager

David Corse, PG Treatment and Recovery Specialist

Roxann Jones, PG Prevention and Outreach Specialist



(Enter) DEPARTMENT (ALL CAPS)

(Enter) Division or Office (Mixed Case)

# Before we get started.....





# Staying Connected and Informed

- You can continue to access all presentations, recording and materials from the Online Learning hub until December 31, 2020.
- CEUs for watching recordings and submitting evaluation will be available until November 15, 2020.
  - Please continue to share the link and offerings to your colleagues.
- OCPG is developing a WFD/Training web page to list national/international/local problem gambling treatment trainings. Hoping to make this a one-stop shop for problem gambling providers. [www.oregoncpg.org/training](http://www.oregoncpg.org/training)

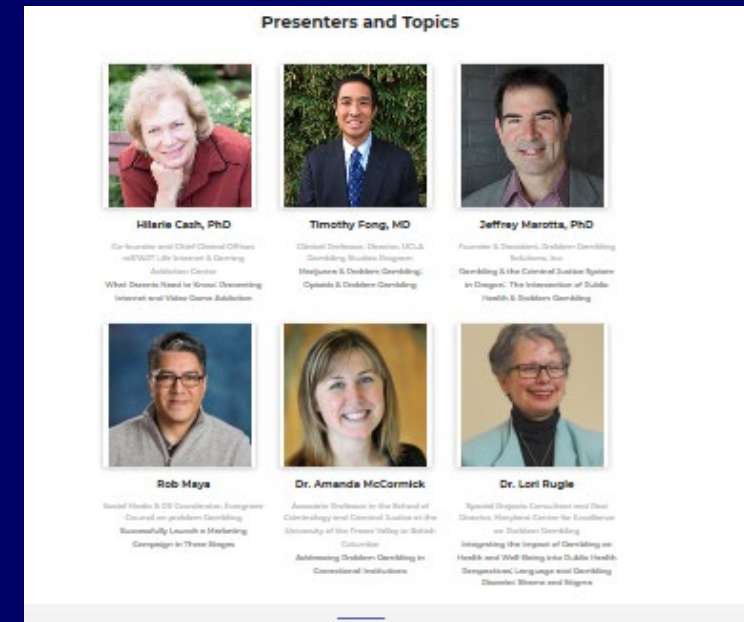
## Let's Chat





# How do these topics relate to future implementation and how we move forward?

- Cannabis and Problem Gambling
- Criminal Justice Involvement and Problem Gambling
- Internet and Video Gaming Addiction and Problem Gambling
- Opioids and Problem Gambling
- Public Health and Problem Gambling
- Social Media and Successful Marketing
- Language, Shame and Stigma and Problem Gambling



# Cannabis and Problem Gambling

Why this topic? What's the relationship?

- Such an important topic within our state and system (BH And PG) (D)
- More that we don't know than we know. True for Cannabis and Cannabis and Gambling. Need to stay on top of latest research (D)
- Normalized within our culture, similar to gambling (R)
- Provide data and talking points to integrate problem gambling awareness messaging when cannabis use and abuse is the topic of concern – integrating into risky behaviors (R)
- Statewide data reflects that youth who gamble are more likely to report cannabis use than youth who do not gamble (OHT) (R)



# Cannabis and Problem Gambling

OHA Ideas for moving forward:

- Impacts of Problem Gambling in Public Health Informational Booklet (R)
- Funding opportunity for problem gambling prevention funded programs to integrate substances into problem gambling prevention efforts (R)
- Looking forward to exploring clinical relationship between cannabis and problem gambling. Trainings and roundtable discussion options? (D)

# Cannabis and Problem Gambling

Your key take away?





# Criminal Justice Involvement and Problem Gambling

Why this topic? What's the relationship?

- In Oregon, problem gambling rates among inmates entering the Oregon DOC are 14X higher than Oregon's general adult population. (G)
- Address gambling problems in custody to improve reintegration and reduce risk. (G)
- Relationship between risky behaviors (R)

# Criminal Justice Involvement and Problem Gambling

OHA Ideas for moving forward:

- OHA to work on the following: (G)
  - Screen and identify for problem gambling at intake (DOC/OYA)
  - Ensure treatment/psycho education classes regularly offered. (DOC/OYA)
  - Work with DOC for standalone problem gambling treatment track
  - Offer problem gambling education presentation to those being released (DOC)
  - Reengage relationship with Criminal Justice System- Specialty Courts Grantor
- Develop & provide training to Parole & Probation, Treatment Court Staff, Jail Staff, Prison Staff. (D)

# Criminal Justice Involvement and Problem Gambling

OHA ideas for moving forward (R)

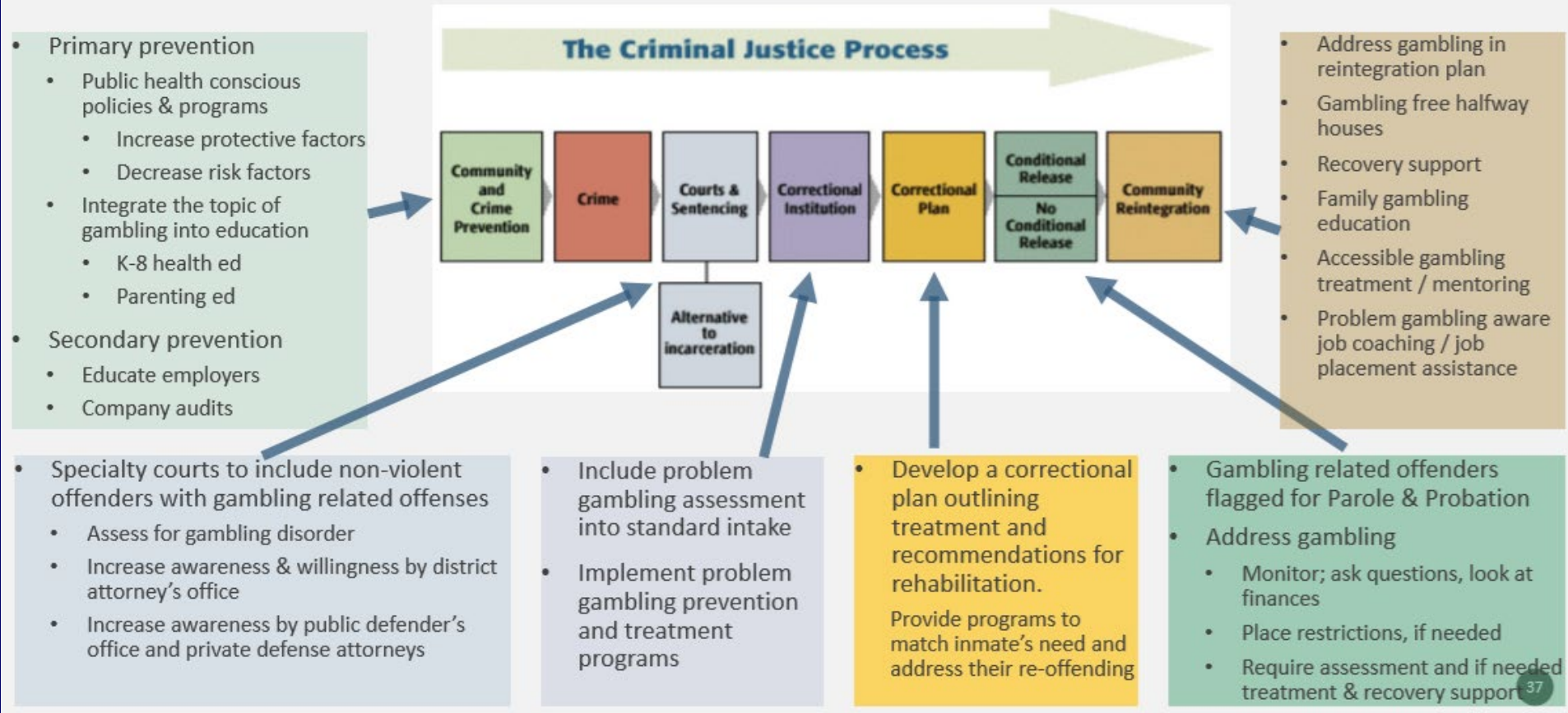
- Impacts of Problem Gambling on Public Health Information Booklet
- Continue integrating problem gambling into topics – increasing protective factors



**An ounce of prevention is worth a pound of cure.**  
~ Benjamin Franklin

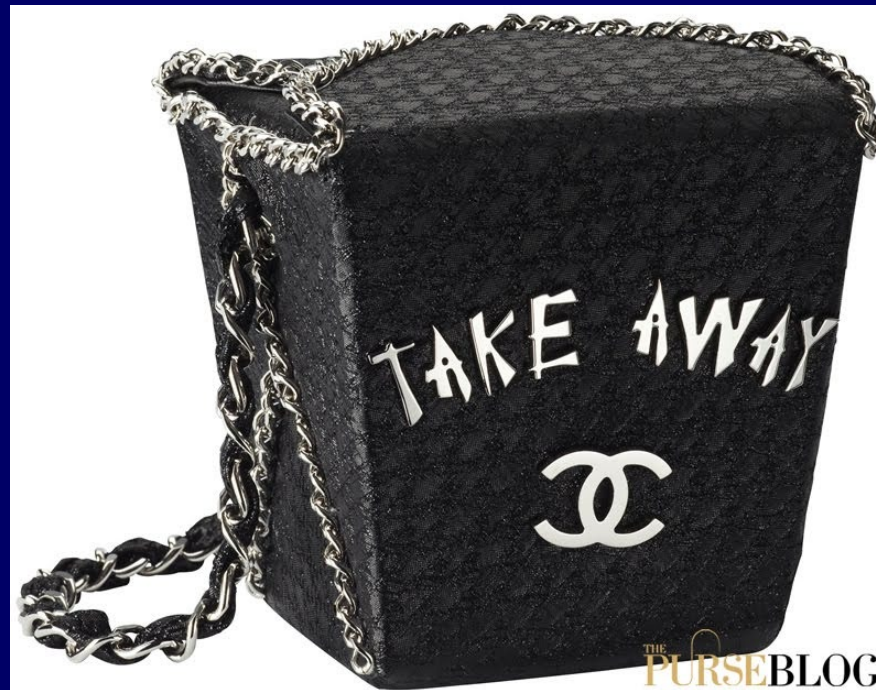


# Points of Intervention to Reduce the Impact of Problem Gambling on the Criminal Justice System



# Criminal Justice Involvement and Problem Gambling

Your key take away?



# Internet and Video Gambling Addiction and Problem Gambling

Why this topic? What's the relationship? (R)

- Convergence of gambling and gaming
- Similar risk factors between problem gambling and gaming addiction.
- Education needed at parental level
- Problem gambling prevention and treatment providers are most knowledgeable and skilled to educate and treatment.



# Internet and Video Gambling Addiction and Problem Gambling

OHA Ideas for moving forward: (D)

- Continue to support the OHA Problem Gambling Prevention: Inclusion of “Gaming” guidance
- Continue to support the OHA Internet Gaming Treatment guidelines
  - Both guidelines can be found at <https://www.oregonpgs.org/all-providers/service-elements-oregon-administrative-rules/>
- Continue to create resource that include both topics
- Develop and provide additional training and round table opportunities.
- Future Plan: Allow for problem gambling funding to support stand- alone gaming addiction prevention and treatment. (G)

# Internet and Video Gambling Addiction and Problem Gambling

Your key take away?



# Opioids and Problem Gambling

Why this topic? What's the relationship?

- Such an important topic within our state and system (BH And PG) (R)
- Provide data and talking points to integrate problem gambling awareness messaging when opioids is the topic of concern – integrating into risky behaviors (R)
- Need for screening of opioid use among problem gambling and vice versa. (D)



# Opioids and Problem Gambling

OHA Ideas for moving forward:

- Impacts of Problem Gambling in Public Health Informational Booklet (R)
- Funding opportunity for problem gambling prevention funded programs to integrate substances into problem gambling prevention efforts (R)
- OHA/PGS Opioid Treatment Program (OTP) Project (D)
  - Early stages but looking at screening and education within these programs with the 22 providers across Oregon. Working with OHA State Opioid Treatment Authority (SOTA) (John Mcilveen)
  - Develop and provide additional training and round table opportunities.

# Opioids and Problem Gambling

Your key take away?



# Public Health and Problem Gambling

Why this topic? What's the relationship?

- Provide tools to understand the important points about the relationship between problem gambling and other public health concerns. (R)
- Importance of building healthy informed communities (R)



# Public Health and Problem Gambling

OHA Ideas for moving forward:

- Children and Family Services Project- Foster Care and Addictions Recovery Treatment Specialist. (G)
- SUD Residential Project- Screening and referral pathways (G)
- Providing training on screening and referral pathways to other community gatekeepers (D)
- Impacts of Problem Gambling in Public Health Informational Booklet (R)
- Health promotion approach to problem gambling prevention focus (R)

# Public Health and Problem Gambling

Your key take away?



# Social Media/Marketing

Why this topic? What's the relationship?

- Social media/marketing is an important tool to promote awareness and prevent risky behaviors (R)
- Utilizing tools to ensure our message or story is effective (R)

# Social Media/Marketing

OHA Ideas for moving forward:

- Have an ask or action item with your factsheets, presentations, etc. (R)
- Use your partners and their social media connections with your social media activities (R)
- Social Media Marketing is great for broader level messaging. Referral Pathways for contracted treatment programs should involve training and cultivation of relationships of and with community partners (D)





# Social Media/Marketing

Your key take away?



# Stigma And Shame

Why this topic? What's the relationship? (D)

- Stigma and shame are risk factors leading to negative outcomes
- Problem gambling is often linked with negative stereotypes
- Problem gambling often is referred to as the hidden addiction – what role does stigma and shame play?
- Shifting our language and encouraging others

# Stigma And Shame

NCPG Guidelines – Adopted August 2018 (G)

**1. When addressing the issue, professionals and the media should endeavor to use the term “gambling disorder” as utilized in DSM 5 whenever practicable.** Depending on the audience, the term “problem gambling” may be an appropriate substitute, given its long history and the broad “catch-all” nature of this term, which encompasses a number of other labels that are more stigmatizing.

**2. When discussing an individual, use language that puts the person first and the disease second.** Describe the individual with a “gambling disorder” or a “gambling problem.” Understand that someone in treatment is a patient with a health condition. This terminology clearly demonstrates that the disease is a secondary attribute and not the primary characteristic of the individual’s identity.

# Stigma And Shame

NCPG Guidelines – Adopted August 2018

**3. Avoid using stigmatizing terms.** Rather than using the term “enabling,” state that loved ones can unconsciously reinforce gambling behavior. Rather than talking about a relapse, refer to the recurrence of the disorder.

**4. Share the solutions that exist.** State that recovery is possible and many with a gambling disorder go on to live productive lives.

**5. Provide details of these solutions.** Provide information and narratives of how treatment and self-help programs work. Discuss what the limitations of the various solutions may be, and focus on the need for additional funding for prevention, treatment, research, and education.



# Stigma And Shame

NCPG Guidelines – Adopted August 2018

6. **Humanize the disorder.** Use language that is relatable and that humanizes and personalizes the condition. Avoid fear and blame tactics that portray those who are suffering as alien.
7. **Communicate information about multiple pathways to recovery.** Everyone's path to recovery will look different, and that's ok!
8. **Emphasize the global view.** Illuminate gambling disorder as a chronic disease, not as an acute condition. Gambling disorder is widely recognized as a brain disease, and as such can require continuing treatment and maintenance, and significant time to achieve recovery.

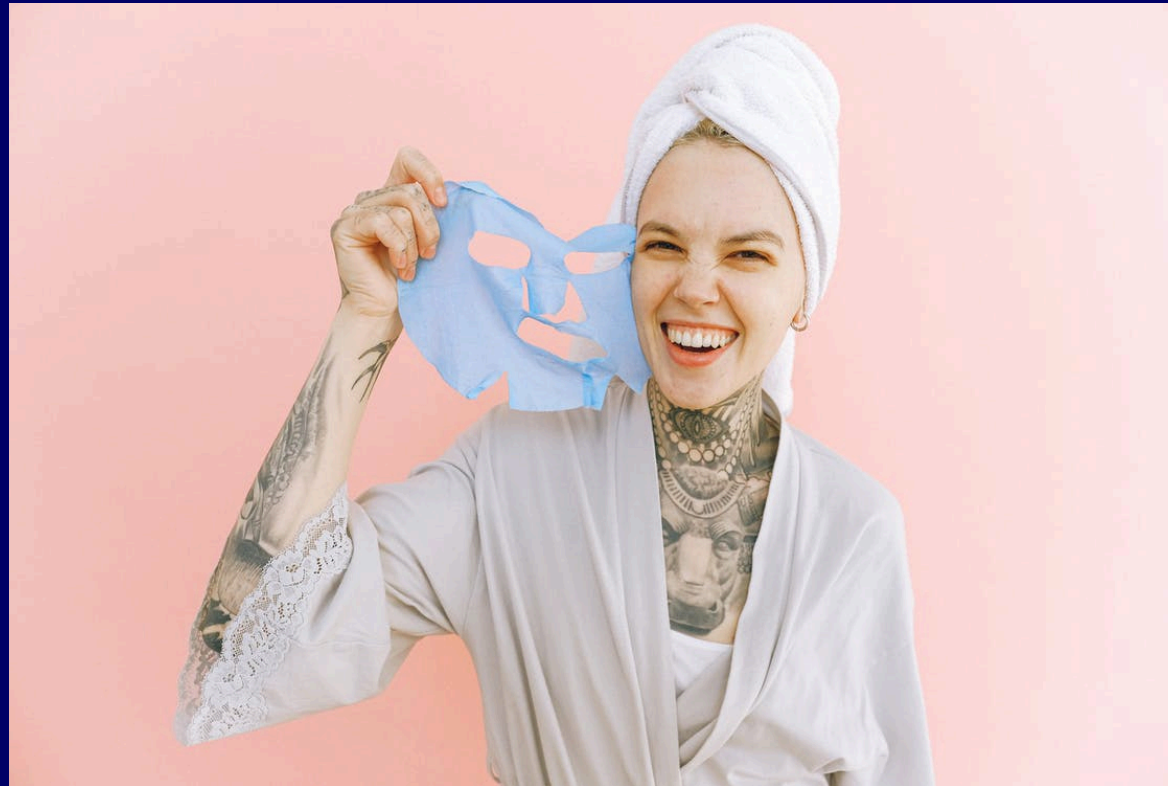
# Stigma And Shame

OHA Ideas for moving forward: (G)

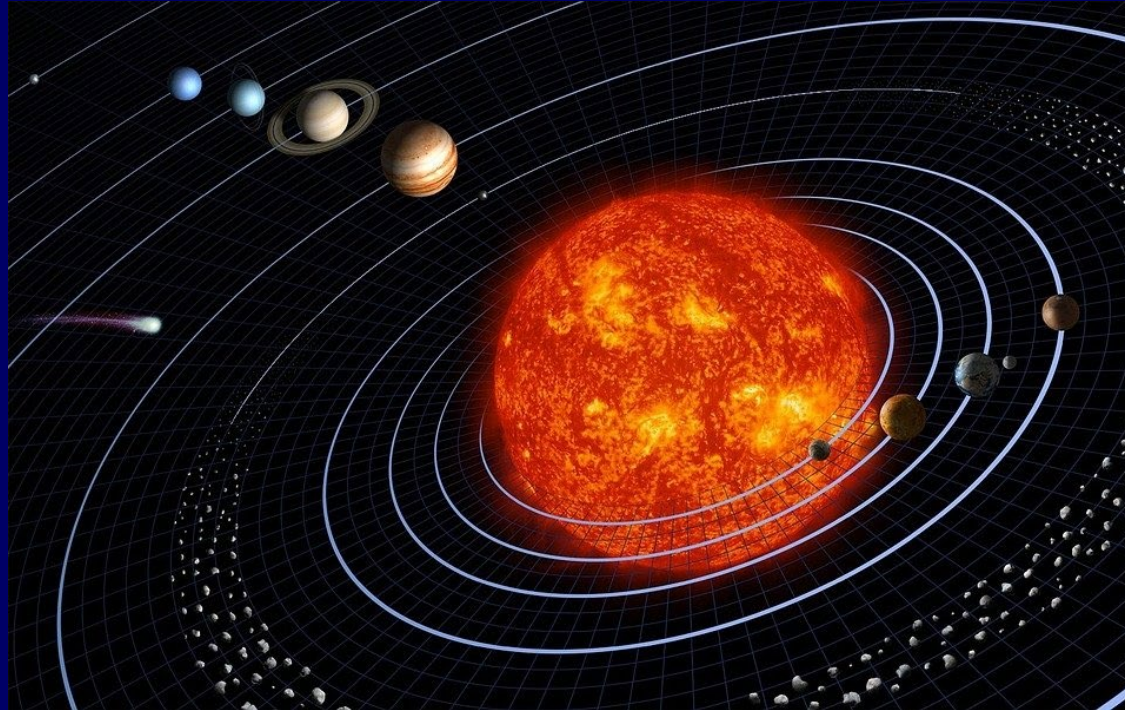
- Changing our verbal language
- Updating our language within written documents- moving from problem gamblers to individual or person with gambling disorder or individual or person with a problem with gambling.
- Keeping each other in-check

# Stigma And Shame

Your key take away?



To the larger system of treatment providers (D):  
**Let's Talk! Let's Continue the Dialogue**













# Contacts

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# Thank you!!

Participants: Access slide deck, video, other  
resources & evaluation at

[www.oregoncpg.org/learn](http://www.oregoncpg.org/learn)

## NO PASSWORD!